

51st Annual Edward W. Hook, Jr. MD

Recent Advances in Clinical Medicine

October 30–November 1, 2024

Omni Hotel, Charlottesville
and Virtually



The 51st Edward W. Hook, Jr., MD Recent Advances

in Clinical Medicine conference is a multidisciplinary, interprofessional, continuing education conference designed to provide primary care clinicians with the knowledge and skills needed to practice state-of-the-art generalist medicine. Through an eclectic array of presentations by representatives of general internal medicine, internal medicine subspecialties, and selected other specialties, the program will highlight new or emerging conditions or treatments with key “take-home” messages,



Provided by the University of
Virginia School of Medicine
and School of Nursing

as well as provide updates in the diagnosis and/or management of well-recognized conditions. The educational design of the program will encompass formal presentations, question & answer panels and meet-the-professor sessions, which allow close interaction with content experts. **The entire conference, will be available in both live and virtual (Zoom) format, and recordings of all main session talks will be available to course registrants after the conference. The electronic syllabus including all main session talks will be available to all course registrants during and after the course until December 1, 2024.**

TARGET AUDIENCE

PHYSICIANS

NURSES

PHYSICIAN ASSISTANTS

RESEARCHERS

PHARMACISTS

ADVANCED CARE PRACTITIONERS

DESIRED OUTCOMES

At the completion of this program, participants will be able to:

- 1 Initiate evaluation of both common symptom complexes and medical conditions encountered in primary care and hospital practice, utilizing evidence-based and state-of-the-art approaches
- 2 Institute or modify management of selected important conditions seen in the general adult population, employing up-to-date and cost-effective strategies
- 3 Recognize when specialty referral is indicated for certain medical conditions and have a basic understanding of the anticipated care to be provided by the consultant
- 4 Counsel patients more effectively regarding the benefits, risks, and uncertainties in challenging clinical scenarios.

AGENDA

WEDNESDAY, OCTOBER 30, 2024

7:00-7:55 am	Registration, Breakfast (provided), and Exhibitors	
7:55-8:05 am	Welcome Remarks	David Callender, MD
	PULMONARY	
8:05-8:10 am	Introduction	
8:10-8:35 am	To Sleep or Not Sleep: Sleep Hygiene	Eric Davis, MD
8:35-9:00 am	Chest Radiology 101 for the PCP	Alan Ropp, MD
9:00-9:25 am	Imaging	(Hitesh) Heath Patel, MD
9:25-9:45 am	Panel Discussion	
9:45-10:00 am	Mid-morning Break and Exhibitors	

RHEUMATOLOGY

10:00-10:05 am Introduction
 10:05-10:30 am Vasculitis.....Don Kimpel, MD
 10:30-10:55 am Approach to the Patient with an Elevated CKAmanda Lusa, MD
 10:55-11:15 am Panel Discussion

TRAVEL MEDICINE

11:15-11:20 am Introduction
 11:20-11:55 am Promoting Healthy Travel and Immunization Update.....Kathryn Reid, PhD, RN, FNP-C
 11:55-12:20 pm Illness After Travel – Evaluation and ManagementDawn W. Bourne, DNP, RN, FNP
 12:20-12:40 pm Panel Discussion

12:40 -1:40 pm LUNCH ON YOUR OWN

GASTROENTEROLOGY

1:40-1:45 pm Introduction
 1:45-2:10 pm Managing MASLD: Empowering Primary Care ProvidersNeeral Shah, MD
 for Better Outcome
 2:10-2:35 pm Update on IBSRebecca Haug, MD
 2:35-3:00 pm Dietary Therapy for IBDJulia Warren, RD and
 Sahil Khanna, MD
 3:00-3:20 pm Panel Discussion
 3:20-3:35 pm Afternoon Break

HEMATOLOGY /ONCOLOGY

3:35-3:40 pm Introduction
 3:40-4:05 pm Immunotherapy in Cancer and What the PCP Should Know ...Varinder Kaur, MD
 4:05-4:30 pm Updates in Colorectal Cancer.....Tri Le, MD
 4:30-4:55 pm Prostate Cancer – Is a Cure Possible?Paul Viscuse, MD
 4:55-5:15 pm Panel Discussion
 5:15 pm Conclusion

THURSDAY, OCTOBER 31, 2024

7:00-7:55 am Registration, Breakfast (provided), and Exhibitors
 7:55-8:05 am Welcome RemarksDavid Callender, MD

PALLIATIVE CARE

8:05-8:10 am Introduction
 8:10-8:35 am Early Recognition of ALSErin Plews-Ogan, MD
 8:35-9:05 am Cannabinoids for Treatment of PainJosh Barclay, MD and
 Sarah Verga, DO
 9:05-9:30 am Behavioral Health Control PainTBD
 9:30-9:50 am Panel Discussion
 9:50-10:05 am Break

GERIATRICS

10:05-10:10 am Introduction
 10:10-10:35 am Geriatric SuicideBrad Murray, MD
 10:35-11:00 am Update on Dementia Therapeutics and CareTBD
 11:00-11:25 am TBD
 11:25-11:45 pm Panel Discussion
 11:45-12:45 pm LUNCH ON YOUR OWN

MULTIDISCIPLINARY TECH AND BILLING

12:45-12:50 pm	Introduction
12:50-1:15 pm	<i>Trick or Treat?</i> The Top 5 Billing Codes to Enhance Jeannine Engel, MD
	Clinic Revenue
1:15-1:45 pm	Predictive Analytics in Health Care TBD
1:45-2:05 pm	Panel Discussion
2:05-2:15 pm	Break

POCUS

2:15-2:20 pm	Introduction
2:20-2:50 pm	Point of Care Ultrasound for Office Based Providers Alex Lawson, MD
2:50-3:15 pm	POCUS/General Medicine Zach Boggs, MD
3:15-3:35 pm	Panel Discussion

CLIMATE CHANGE

3:35-3:40 pm	Introduction
3:40-4:05 pm	Climate Change Homan Wai, MD
4:05-4:30 pm	Climate Change Bob Kitchen, MD
4:30-4:50 pm	Panel Discussion
4:50 pm	Conclusion

FRIDAY, NOVEMBER 1, 2024

7:00-7:55 am	Registration, Breakfast (provided), and Exhibitors
7:55-8:05 am	Welcome Remarks David Callender, MD

INFECTIOUS DISEASE

8:05-8:10 am	Introduction
8:10-8:35 am	ID Prophylaxis Potpourri for the PCP Stacy Park, MD
8:35-9:00 am	Tickborne Diseases Jennifer Sasson Hendrick, MD
9:00-9:25 am	How to Treat Feet: Diabetic Foot Infections Patrick Jackson, MD
9:25-9:45 am	Panel Discussion
9:45-9:50 am	Short Break

ENDOCRINE

9:50-9:55 am	Introduction
9:55-10:20 am	New Developments in Diabetes Treatment Sarah Chhabra, MD with Kidney Benefit
10:20-10:45 am	Sweet Success: Transforming Diabetes Management Lorrie Rilko, DNP, CDCES with CGMs
10:45-11:10 am	Hypercalcemia Samina Afreen, MD
10:45-11:05 am	Panel Discussion

NEPHROLOGY

11:05-11:10 am	Introduction
11:10-11:35 am	Metabolism and Cardiovascular Health of Transplant Joe Leeds, MD Patients: What the PCP Needs to Know
11:35-12:00 pm	Electrolyte Abnormalities for the PCP Korshie Dumor, MD
12:00-12:35 pm	Polycystic Kidney Disease for the PCP Mitch Rosner, MD
12:35-12:55 pm	Panel Discussion

12:55-1:55 pm LUNCH ON YOUR OWN

CARDIOLOGY

1:55-2:00 pm	Introduction
2:00-2:25 pm	Heart Disease John Saxon, MD
2:25-2:50 pm	PAD Merry Barnett, MD
2:50-3:15 pm	Heart Health and Diet David Gaurraira, MD
3:15-3:35 pm	Panel Discussion

3:35-3:40 pm Closing Remarks

PLANNING COMMITTEE

David Callender, MD
Assistant Professor
General Medicine,
Course Director

Michael Ayers, MD
Assistant Professor
Cardiovascular

Esteban Figueroa, MD
Assistant Professor,
Gastroenterology

Richard Hall, MD
Associate Professor,
Hematology-Oncology

Patrick Jackson, MD
Assistant Professor,
Infectious Disease

Beth Jaeger-Landis, ACNP
Internal Medicine

Daphne Knically, MD
Associate Professor,
Nephrology

Donna Landen, MD
Assistant Professor,
Family Medicine

Kaitlin Love, MD
Assistant Professor,
Endocrinology

Hannah Mannem, MD
Associate Professor,
Pulmonary

Kathryn Reid, PhD, FNP-C
Associate Professor,
School of Nursing

Wendy Sewack, M.Ed, MPH
Program Manager,
Office of Continuing
Education

Andrew Whitman, PharmD
BCOP, Lead Clinical
Pharmacist

UNIVERSITY OF VIRGINIA FACULTY SPEAKERS

Josh Barclay, MD
Merry Barnett, MD
Zach Boggs, MD
Dawn W. Bourne, DNP,
RN, FNP
Sarah Chhabra, MD
Eric Davis, MD
Korshie Dumor, MD
Jeannine Engel, MD
David Gaurraira, MD
Rebecca Haug, MD
(Hitesh) Heath Patel, MD
Patrick Jackson, MD
Varinder Kaur, MD
Sahil Khanna, MD
Don Kimpel, MD
Bob Kitchen, MD
Alex Lawson, MD
Tri Le, MD

Joe Leeds, MD
Amanda Lusa, MD
Brad Murray, MD
Stacy Park, MD
Erin Plews-Ogan, MD
Kathryn Reid, PhD, RN,
FNP-C
Lorrie Rilko, DNP, CDCES
Alan Ropp, MD
Mitch Rosner, MD
Jennifer Sasson Hendrick,
MD
John Saxon, MD
Neeral Shah, MD
Sarah Verga, D
Paul Viscuse, MD
Homan Wai, MD
Julia Warren, RD

REGISTRATION

Physician: \$650 (in person or streaming)
Other HCP: \$600 (in person or streaming)
*Registration closes on Friday, October 25.
No walk-in registration will be accepted.*

For registration and payment go to www.cmevillage.com (visit our Learning Portal or Upcoming Events). Registration will close midnight on October 25, 2024. The course syllabus will be available online only the week of the conference until 30 days after the conference. *Print syllabus will NOT be available.*

Policies on cancellation, payment methods and accommodation requests can be found on our website under FAQs. Additional questions, please contact uvacme@virginia.edu or 434-924-5310.



HOTEL — Conference will be held at the Omni Charlottesville Hotel, 212 Ridge McIntire Road, Charlottesville, Virginia 22903. To make reservations, please call **434-971-5500** or visit www.omnihotels.com

ACCREDITATION AND DESIGNATION STATEMENT

In support of improving patient care, the University of Virginia School of Medicine and School of Nursing is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health-care team.

The University of Virginia School of Medicine designates this live activity for a maximum of 22 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation.

The University of Virginia School of Medicine and School of Nursing awards 22 contact hour(s) for nurses who participate in this educational activity and complete the post activity evaluation. The University of Virginia School of Medicine and School of Nursing awards 22 hours of participation (consistent with the designated number of AMA PRA Category 1 Credit(s)™ or ANCC contact hours) to a participant who successfully completes this educational activity. The University of Virginia School of Medicine and School of Nursing maintains a record of participation for six (6) years.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 22.0 MOC points for the course

in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

ACPE

Credit will be uploaded to CPE Monitor within 60 days of the end date of the activity. A certificate from our learning portal validates only learner participation. It will be the responsibility of the pharmacist or pharmacy technician to provide the correct information in order to receive credit for participating in this CE activity. Please log into your NABP Profile to see your credit recorded and print your official transcript.

This Live activity, 51 st Annual Edward W. Hook, Jr., MD – Recent Advances in Clinical Medicine, with a beginning date of 10/30/2024, is being reviewed for acceptance of prescribed credit(s) by the American Academy of Family Physicians.



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